

## STUDENT MATERIALS

Includes:

- Essential Skills Guide
- Successful Completion Card
- Emergency Plan & Guidance Card
- Wall Certificate
- Course Evaluation & Statement of Understanding Form

## HANDS-ON SKILL PRACTICE

Students will practice the essential skills in small groups and will apply these skills in scenario sessions during the course.

## COURSE DURATION

Initial Training: 4 hours

Retraining time: Currently retraining for this course is to retake to full course after 3 years.

[www.firstaidinternational.co.uk](http://www.firstaidinternational.co.uk)

## FURTHER INFORMATION

For further information or questions relating to First Aid International please contact your local centre:



Or contact First Aid International direct:  
Telephone: 0845 029 1999  
Email: [info@firstaidinternational.co.uk](mailto:info@firstaidinternational.co.uk)  
Website: [www.firstaidinternational.co.uk](http://www.firstaidinternational.co.uk)

# Community First Aid

## COURSE INFORMATION



## ASSESSMENT

Students are assessed throughout the course by instructor observation of the essential skills. There is also a summative assessment of knowledge and skills at the end of this course.

FIRST AID INTERNATIONAL™  
SUCCESSFUL COMPLETION CARD

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# SOLUTIONS...



## THE COMMUNITY FIRST AID COURSE

The Community First Aid course is designed for the general public who require training in basic first aid skills to be able to respond to family, friends and members of the community when an incident occurs.

This course will provide the necessary skills to effectively manage an adult, child or infant that is not breathing normally, is unconscious or is bleeding prior to the arrival of the emergency services.

Training will also include how to call for help, scene safety, exposure protection and an introduction to automated external defibrillation.

This course will provide the confidence to care for a person in need of assistance when called to do so.



# LIFE SAVING SOLUTIONS...

### COURSE SPECIFICATION:

INTENDED PARTICIPANT:	Workplace appointed persons
MAX STUDENT INSTRUCTOR RATIO:	12:1
MAX CLASS SIZE:	24 (with 2 instructors)
COURSE DURATION:	4 Hours
ASSESSMENT:	Continuous by instructor
CERTIFICATE EXPIRY:	3 years from date of completion

### COURSE TOPICS:

#### INTRODUCTION

- Principles of First Aid
- Chain Of Survival
- Emergency Management Procedure
- Care Cycle™

#### SCENE SAFETY

- Scene Survey
- Exposure Protection
- Risk to Rescuer
- Barrier Devices

#### BASIC LIFE SUPPORT

- Primary Survey and Reassessment
- Clearing the Airway
- Recovery Position
- CPR
- Introduction to AED's
- Choking

#### LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management