

STUDENT MATERIALS

Includes:

- Essential Skills Guide
- Emergency Reference Guide
- Successful Completion Card
- Emergency Plan & Guidance Card
- Wall Certificate
- Course Evaluation & Statement of Understanding Form

HANDS-ON SKILL PRACTICE

Students will practice the essential skills in small groups and will apply these skills in scenario sessions during the course.

COURSE DURATION

Initial Training: 24 hours
Retraining time: 12 hours

www.firstaidinternational.co.uk

First Aid at Work

COURSE INFORMATION

FURTHER INFORMATION

For further information or questions relating to First Aid International please contact your local centre:



ASSESSMENT

Students are assessed throughout the course by instructor observation of the essential skills. There is also a summative assessment of knowledge and skills at the end of this course.

Or contact First Aid International direct:
Telephone: 0845 029 1999
Email: info@firstaidinternational.co.uk
Website: www.firstaidinternational.co.uk

FIRST AID INTERNATIONAL™
SUCCESSFUL COMPLETION CARD

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THE FIRST AID AT WORK COURSE

The First Aid at Work course is designed to train individuals and company staff that requires HSE approved first aid at work training to meet the requirements of the First Aid at Work (1981) Regulations. This course will provide all the required first aid skills necessary to manage a patient that is not breathing normally, is unconscious, bleeding or is ill or injured prior to the arrival of the emergency services. It also covers other topics such as COSHH, RIDDOR and other first aid health and safety at work information.

The First Aid at Work course is designed to meet the requirements of the HSE Health and Safety at Work (1981) Regulations for First Aid in the Workplace.

The initial course is delivered over a minimum of 4 days (24 contact hours). The 2 day refresher course covers the complete syllabus and updates any changes to procedures or protocols.

This course also meets the first aid requirements of the Department for Children, Schools and Families for First Aid in Schools.

COURSE SPECIFICATION:

INTENDED PARTICIPANT:	Workplace appointed persons with secondary care skills
MAX STUDENT INSTRUCTOR RATIO:	12:1
MAX CLASS SIZE:	24 (with 2 instructors)
COURSE DURATION:	24 Hours
ASSESSMENT:	Knowledge and skills assessment
CERTIFICATE EXPIRY:	3 years from date of completion
HSE APPROVAL NUMBER:	Great Britain: 1397/94 Northern Ireland: 76



LIFE SAVING SOLUTIONS...

COURSE TOPICS:

INTRODUCTION

- Principles of First Aid
- Chain Of Survival
- Emergency Management Procedure
- Care Cycle™

SCENE SAFETY

- Scene Survey
- Exposure Protection
- Risk to Rescuer
- Barrier Devices

BASIC LIFE SUPPORT

- Primary Survey and Reassessment
- Clearing the Airway
- Recovery Position
- CPR Adult
- Alternative Ventilation Procedures
- Introduction to AED's
- Choking Adult

LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management

SECONDARY SURVEY

- Patient History Taking
- Chief Complaint
- Signs and Symptoms
- Past Medical History
- Physical Assessment
- Head to Toe Survey

FIRST AID TOPICS

- Breathing Problems
- Circulatory Problems
- Environmental Problems
- Nervous System Problems
- Other Medical Problems
- Other Injuries

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Accident Reporting
- COSHH
- RIDDOR